



TRENDING  
COFFEE COUNTRY

The Cocora Valley, in Colombia.

What to do after discovering the provenance of your favorite foods and wines? Track down the origin of what's in your mug. For that, travelers are flocking to Colombia's so-called coffee triangle. "The fincas of Pereira and Armenia are like the estancias of Mendoza, Argentina, ten years ago," says Emmanuel Burgio of luxury outfitter **Blue Parallel** ([blueparallel.com](http://blueparallel.com)). His itineraries include the Cocora Valley, home to half a dozen heirloom cultivars—and the world's tallest palm trees.

"It's full of natural spectacles and hospitable locals," he says. Guests with bespoke operator **Big Five** ([bigfive.com](http://bigfive.com))—an early champion of the region—sleep at **Sazagua** ([sazagua.com](http://sazagua.com); \$), the area's first high-end hotel; they can harvest, roast, and taste the local crop at the venerable Hacienda Venecia. Once they've got their caffeine buzz, visitors go on horseback rides through the countryside, trips to the tropical fruit market in Filandia, and hikes in the nearby cloud forest. —NIKKI EKSTEIN



BEAUTY

WHAT'S IN YOUR BAGGIE, NIKI LEONDAKIS?

The stylish CEO of Commune Hotels & Resorts has the 24-hour business trip down to a science. She reveals her carry-on musts.



- 1 House of Creed Royal Water** "The peppermint-infused citrus scent is refreshing after long flights." [creedboutique.com](http://creedboutique.com); \$290.
- 2 Ole Henriksen African Red Tea Foaming Cleanser** "A face wash that multitasks (like me): antioxidants to soothe; vitamin C to hydrate; and grapefruit extracts to energize." [olehenriksen.com](http://olehenriksen.com); \$9.
- 3 Serge Normant Meta Luxe Hair Spray** "It

provides incredible hold and has UV filters to protect color." [sergenormant.com](http://sergenormant.com); \$12.
- 4 Molton Brown Ylang-Ylang Replenishing Hand Cream** "I handle a lot of paperwork in-flight; this keeps my hands from drying out." [moltonbrown.com](http://moltonbrown.com); \$15.
- 5 Bobbi Brown CC Cream SPF 35** "Three skin-care products in one, it moisturizes, illuminates, and protects." [bobbibrown.com](http://bobbibrown.com); \$15.

- 6 Tom Ford Ultra Shine Lip Gloss in Peach Absolut** "Hydration and a touch of color—the perfect pick-me-up." [tomford.com](http://tomford.com); \$46.
- 7 ML Collection by Mighty Leaf Tea** "I make a cup as soon as I take my seat on the plane—Chamomile Citrus to relax and Ginger Twist to ward off the chill." [mightyleaf.com](http://mightyleaf.com); \$16 for 15.
- 8 Giovanni Lavender Calm Sanitizing Towelettes** "I'm a

bit of a germophobe; these disinfect tray tables, remotes, and hands." [giovannicosmetics.com](http://giovannicosmetics.com); \$12.
- 9 Perfumeria Gal Red Currant Lip Balm** "I love the pretty vintage-inspired tins from this Spanish brand." [amazon.com](http://amazon.com); \$6.50.
- 10 Zoya in Ryan** "Nontoxic and long-lasting, so I don't have to worry about chipped polish abroad." [zoya.com](http://zoya.com); \$9. —KATIE JAMES



**CONFESSIONS OF A B&B HOST**  
It's not just four-posters and fresh-baked scones. As one New England innkeeper reveals, sometimes those two letters stand for Bad and Badder.

We want you to feel at home, but a few guests get way too comfortable. One man came down to breakfast in just his bathrobe. Another family got into a screaming fight at dinner—the wife stormed out.

Some people think they're staying at a five-star resort and expect gluten-free, vegan meals. You try making a decadent breakfast pastry without eggs, flour, or butter!

Booze intake is more apparent in a small property. One couple was drunk from the moment they checked in; they left their room littered with beer cans. I scrubbed every surface, including the teddy bear on the bed. Poor little guy saw way more than he ever wanted to.

CLOCKWISE FROM TOP: COURTESY OF BLUE PARALLEL; PHILIP FRIEDMAN; COURTESY OF NIKI LEONDAKIS